**Physical Education--Sept. 23 thru 27th—(2019)**

**Mon. (Sept. 23)**

**1st Hr:**  Pin Guard

Kind.: Soccer Goals/ Football Kick & Throw

1st & 2nd : Soccer Tag/ Football Kick & Throw –( S1.E21.2 /3a & 3b)

3rd & 4th: Softball—( S1.E25.3) or Soccer Tag

**Tues: (Sept. 24)**

1st Hr.: Chp. 4 Health Review/ Hand in missing work/\*\*Test on Thursday\*\*

Kind.: Dr. Dodge

1st & 2nd Grade: Dr. Dodge

3rd & 4th: Dr. Dodge –( Throwing: S1.E14.2/.3 & 4b)

**Wed. (Sept. 25)**

**1st Hr.:** Dot Drill—Right, Left, and Both Feet/ Sit-ups-60 seconds

\*\*Shoot Baskets while waiting turns\*\*

Kind.: Spike Ball Catch/T-Ball (S1.E25.2)

1st & 2nd Grade: Tennis Ball/Spike Ball –Catch (S1.E16.2)

3rd & 4th Grade: Spike Ball Baseball—(S1.E25.4)

**Thurs. (Sept. 26)**

**1st Hour: Chp. 4 Test—(Start Chp. 5)—Demonstrate knowledge of Nutrients in a variety of foods/ Assign: pg. 140 (1-12)/W.sheet influences what you eat**

1st & 2nd Grade: Beach Balls

4th Hour: Bean Bags/Basketball

Kind.: Hackey Sacks/Beach Balls

3rd & 4th: Volley or Beach Balls (S1.E22.K, .1,.2.3.4)

**Friday (Sept. 27)—Friday School**