**Physical Education: 2019**

**August ( 20 thru 23)**

**Tue. (Aug. 20)**

1st Hour: 10:00-10:18---Rules/Books?

2nd Hr.: 10:21-10:39

3rd Hr.: 10:41-11:00

4th Hr.: 11:03-11:21 –St. Hall (Rules & Handout)

5th—5B—11:24-11:42 Lunch

5th—5B—11:45—12:03—St. Hall (Rules & Handout)

5C 12:06—12:24 --St. Hall

6th Hr.: 12:27-12:45

7th Hr.: 12:48—1:06

8th Hr.: 1:09-1:30 (Early out)

**Wed. ( Aug. 21)**

**1st Hour:** ( 8:15—9:06) Sophs –(Rules)/P.E./Health-Books/ Chp. 1 & 2 Notes (Fill in) Get to know in class quiz/ hand in assign/ Lift Stations (level 1-S3.H9) (Standard 1) \*\*Coat of Arms—Fill in/Class

Chp. 1: Describe the interrelationships of mental, emotional, social, and physical health throughout adulthood.

Describe how to delay onset and reduce risks of potential health problems during adulthood.

Analyze how the family, peers, and community influence the health of individuals.

\*\*Chp. 1 notes/pg. 24 Health Terms (1-14)/Coat of Arms

2nd Hour: (9:06-9:36) Kind. PE/Warm-up Exercises/Rules ( S4.E1.K)–Standard (S1.E1) \*\*Play catch—(S1.E13.K)

2nd Grade: (9:36-10:06)

3rd Hr.: ( 10:06-10:56) Prep

4th Hr.: (11:00—11:51) St. Hall/Lunch ( 11:51—12:11)

5th Hr.: 12:11-1:02) St. Hall

1st Grade: (1:10-1:40)

4th Gr.: (1:40-2:10)

\*\*Standard 1 (1st/2nd Grade: Partner Kick/ Catch – (Inside) Exercises/Rules ( S1.E21.1 & S1.E21.2) Catch (S1.E16.1b)

3rd: (2:40-3:10) & 3rd (3:10-3:40)

3rd & 4th Grade: Spike Ball Catch outside/Softball (S1.E25)

\*\*Standard 1 (S1.E14/S1.E20)

**Thurs. (Aug. 22nd)**

**1st Hour:** (Sophs) Wt. Room safety/Warm-up/Lifting Video (S2. H4)

**2nd Hour: Kind. P.E./ Partner Kick (S1.E21.K)**

**2nd Grade: Partner kick (S1. E21.2)**

**3rd Hr.: Prep**

**4th Hr.: St. Hall/Lunch/ 5th Hr.: St. Hall (12:11—1:02)**

(1:10-1:40)--1st/4th Grade: 2-Ball Soccer/Goal kicks/Relays

(1:40-2:10)—4th Gr.\*\*Standard 1 (S1.E18 & S1.E21)—Kick around Cones

3rd & 3rd Grade: ( 2:40-3:40) Soccer Relays\*\*Standard (S1.E18)

**Fri: (Aug. 23rd)**

**1st Hour: Sophs**—Softball/Matball Baseball

Next Tuesday: Aug. 27 Chp. 1 –Hand in-Coat of Arms Go over Vocab (1-14) pg. 24/ Work on\*\* Fill in Notes/ Chp. 1 & 2 Worksheets--Assign

Read over/ Assign: Chp. 2 p. 44 (1-10)

2nd Hour: ( 9:06-9:36) Kind./P.E. –Kick and run bases/1st base ( S1.E1.K)

or Beach Balls (S1.E22) 2nd Grade: (9:36-10:06)

3rd Hour: Prep

4th Hour: Study Hall

1st/4th grade: Softball (S1: E24.1)—(S1.E25.4)

 3rd & 3rd: Softball/Baseball—(S1.E25.3)