**Physical Education (Jan. 21 thru 25th--2019)**

**Monday—(Jan. 21)—1st Hour/2nd Hr—9:30 –(4th P.E.)**

**3rd** Hr.: Lifetime Fitness/ 4th Hr.: St. Hall

**5th Hr. Sophs:**  Jump Rope—1st Jumps for some (Volleyball)

1st & 2nd Grades: Take a chance (Need a pin & nerf ball)

Kind.: Take a chance game

3rd & 4th: Finish Fitness Testing/ Take a chance game/V-sit 3rd grade

**Tues. – (Jan. 22)—1st Hour: /2nd Hr. –9:30 –(4th P.E.)**

 **5th Hr: Sophs: Hand in assignments: \*\*Finish Alcohol & Tobacco Cards\*\***

Chp. 21 & 22 Notes—Work on/ Tobacco Videos

**3rd Hour: Lifetime Fitness**

1st & 2nd Grade: Bowling for Fitness—(Pin against Wall)

Kind: Bowling for Fitness

3rd & 4th: Bowling for Fitness

**Wed. – (Jan. 23)—1st Hour: 2nd Hr: --9:30—(4th P.E.)**

**3rd Hr:** Lifetime Fitness/ 4th Hr.: St. Hall

**5th Hr. Sophs: Jump Rope (SLO)/ Volleyball (King of the Court)**

Jump Rope –warm up (:30 seconds/ rest :30) (Right, Left, & Both)--SLO

1st & 2nd grade: Capture the Frisbee/or Frisbee catch

Kind.: Frisbee catch

3rd & 4th grade: Capture the pin/Frisbee

**Thurs: (Jan. 24)**

**1st Hour: 2nd Hr.: 9:30—(4th P.E.)**

**3rd Hr: Lifetime Fitness** 4th Hr.—St. Hall

5th Hour: / Chp. 21 & 22— Hand in Notes/ Alcohol vids/ pg. 582 (1-11)

Terms

1st & 2nd Grade: 2-Ball Soccer/Dr. Dodgeball

Kind.: Dr. Dodgeball

3rd & 4th grade: Soccer/3rd Grade—Medicine Ball Crab Walk/Bear Crawl2

**Friday: ( Jan. 25) Friday School/Meeting**